

FOR YOUR INFORMATION:

MAIN SERVICE AREAS

Our main service points are:

- i.- Accident and Emergency Unit which operates on 24 hours basis
- ii.- Anaesthetic Unit with routine EPIDURAL analgesia for pain-free labour
- iii.- Ambulance services
- iv.- Cancer treatment services using a Linear Accelerator and other equipments
- v - Dental and Maxillofacial services
- vi.- Dietetic services
- vii.- Ear, Nose and Throat (ENT) Speech Therapy and Audiology Treatment Services including cochlea implantation
- viii Family Planning and Reproductive Health services
- ix - Family Medicine; GOPD, GPOPD and VIP/ Private Wing
- x. - Haemodialysis services for patients with kidney malfunction
- xi. - In-Patients Wards comprising VIP/Private Wing, Semi-Private & Open ward
- xii.- Intensive Care Unit (ICU) to cater for serious medical and surgical cases
- xiii. -In-Vitro Fertilization (IVF) Services
- xiv. -Labour Ward/Theatres for deliveries and infant care facilities
- xv. - Laboratory services in microbiology/ parasitology, haematology/ blood transfusion/ morbid anatomy/ histopathology, chemical pathology, immunology, etc
- xvi. - Medical Physics
- xvii - Medicine Department

- xviii. - Non-Clinical Services such as Administration, Engineering, Finance, etc
- xix. - Nuclear Medicine with fully functional Gamma Camera
- xx. - Nursing Services
- xxi. - Obstetrics and Gynaecology where endoscopic surgery is performed
- xxii. - Ophthalmology
- xxiii - Oncology and Radiotherapy
- xxiv.- Paediatrics and neonatal care services for sick children
- xxv. – Pain Management & Palliative Care
- xxvi - Pharmacy
- xxvii - Physiotherapy services
- xxviii- Psychiatry services
- xxix- Radio-Diagnostic services using ultra-modern X-ray machines such as mammography, 16 -Slices CT-Scan, Magnetic Resonance Imaging (MRI),etc.
- xxx.- Surgery: General, Orthopaedic, Neurosurgery and Spine where a full range of minor and major operations including endoscopic, knee and hip replacement procedures are performed
- xxxi - Urology services including Trans-urethral prostatectomy .

THE NUCLEAR MEDICINE

The Nuclear Medicine Department offers the following medical investigations:

CARDIOVASCULAR SYSTEM

- Gated Stress Myocardium Perfusion study
- Venography
- Lymphangiography

- Stress MUGA
- Resting MUGA

GASTROINTESTINAL TRACT

- Blood Pool study for GI Bleeding
- Gastro-Oesophageal Reflux study
- Gastric Emptying
- GER and Gastric Emptying
- Hepatobiliary Scan
- Meckel study
- Salivary Gland study

TUMOUR IMAGING

- Gallium Scan
- 1-131 MIBG Scan
- Parathyroid Scan
- Scintimammography

BRAIN

- HMPAO Brain SPECT
- Radionuclide Cisternography for CSF Leak
- SPECT for Brain Tumour recurrence
- MIBI Brain SPECT
- ECD Brain

SKELETAL SYSTEM

- Bone Scan
- SPECT Bone Scan
- Bone Marrow Imaging
- Infection Imaging
- P-32 Therapy for Bone Metastasis

- Strontium Therapy for Bone Metastasis

RESPIRATORY SYSTEM

- Lung Ventilation and Perfusion
- Lung Ventilation
- Lung Perfusion

THYROID IMAGING

- 99MTC Thyroid scan
- 1-131 Uptake and scan
- 1-131 Whole Body scan
- 1-131 Therapy for Thyrotoxicosis
- High dose 1-131 Therapy for Thyroid Cancer

GENITOURINARY SYSTEM

- ❖ DTPA Scan and GFR
- ❖ Captopril DTPA study for screening of Renal Hypertension
- ❖ DMSA Scan
- ❖ Renal Transplant Evaluation
- ❖ Testicular Scan

INFECTION IMAGING

- ❖ Leucocyte Scan for infection

SERVICOM WORK ETHICS

- Proper dressing and appearing responsible
- No loitering in the corridors
- Keep offices and toilets clean
- No closing before time
- Be guided by the concept of quality service delivery
- Always be on your seat

- Response to request from clients must be processed within (15) working days by schedule officers, or acknowledgements sent within 48 hours if the matter is complex
- All matters pertaining to ad-hoc and special assignments should be handled within the specified period
- Attend to customers/clients politely and specify time targets for attending to them
- Reasons for delays should be explained politely.

DRESS CODE (SERVICOM)

The following are the modes of dressing for men and women Public Servants:-

FOR MEN

- Complete agbada with cap.
- Kaftan with cap
- Complete Suit
- Long sleeve shirt and trouser with tie
- Long sleeve shirt and trouser with tie (with or without coat)
- French suit

FOR WOMEN

- Skirt suit
- Complete suit (with ladies tie or without)
- Buba and Iro
- Wrapper and Blouse
- Trouser and shirt or trouser and blouse(not jeans)
- 'Agbada' (free wear)
- Long Skirt and Blouse

Dress decently to project and Maintain your personality!

Dress moderately to protect dignity!!

Dress responsibly to promote the public Service!!!

AN EXCLUSIVE INTERVIEW WITH A DENTAL THERAPIST

Can we meet you ma?

My name is Ejeactha Victoria a Dental Therapist

What prompted you to go into the practice of dental therapy?

My interest in this profession was sparked in my childhood when my Dad would always go for a dental check-up, scale and polish his teeth and comes home happy smiling, that informed my decision to go into such a profession where I will always put smiles on the faces of people.

What does it take to become a dental therapist?

You must be a science student who should be ready to render a selfless service to humanity irrespective of the individual age and status in the society.

What are the major challenges of the profession?

The major challenges are dealing with difficult patients, children and patients with special needs it requires a lot of patience. You get some patients who believe that they don't need any dental check and you

really have to do a lot to be able to convince them.

What words of encouragement could you give to prospective students of dental therapy?

I will encourage them to go into it because it is a noble profession where you do a practical work in service to humanity and at the end of your work you see your patients happy and excited.

Could you tell us the link between poor dental hygiene and disease?

The health of the oral cavity can have wide reaching effects on overall health. Poor oral hygiene may occur concomitantly with a more serious underlying disease process or may predispose an individual to other health conditions. The mouth is colonized by different bacteria found in dental plaque; which form a firm cluster that adheres in layers to oral surfaces and which are not easily eliminated by the body's natural immune responses but are mechanically removed. These bacteria beneath the gum are involved in numerous systemic diseases.

Dental plaque becomes more difficult to remove as it matures, forming a harder substance known as calculus or tartar which is removed professionally by a

Dental Therapist. These bacteria when not removed, threaten oral and systemic health. For instance tooth decay occurs when the plaque bacteria on the tooth surface produce acid which dissolves the enamel following the consumption of carbohydrates.

Also gum diseases occur when bacteria found in dental plaque cause an inflammatory reaction in the gum which makes the gum swollen, reddish and easily bleeds and also make the mouth to smell in most cases.

The gum disease can lead to loss of teeth which may compromise the general body health by making eating very difficult thereby starving the body of the nutrients needed for the body's well being.

Periodontites can predispose people to diabetes, insulin resistance, respiratory disease, cardiovascular disease and so on.

From the above it is obvious that poor oral hygiene affect the general body health negatively, therefore a healthy life style using the best available oral health care products and facilities will help keep away oral diseases and related systemic diseases away from us as individuals and the society at large.

What special services are rendered by this unit of NHA?

We render a wide range of services which are mostly preventive in nature. We also do a lot of dental health education by instructing patients on how to care for their teeth effectively.

What message do you have for NHA staff?

My message for National Hospital Staff is that we should put in our best effort at all times as we render selfless service to humanity.

What call do you have for the government?

My call on the government is to establish more Hospitals especially at the remote areas so that those people at the grassroots who most times do not know where to take their problems to can have access to health care and dental services in particular at an affordable rate.

NHA NEWS

MIS DEPARTMENT SENDS CORPER FORTH.

The MIS department has recently presented a gift to a corp member O who served National hospital Abuja, for a period of a year (Batch A 2011/2012 service year) under the Department.

In his comment during the sendforth ceremony, The HOD Management Information Services Department, Tayo Haastrup Ph.D; has expressed satisfaction over the humility and diligence exhibited by the corp member during her service year. The HOD then wished her success in all her endeavours.

Well wishers in the department described Ogechi as gentle, religious and somebody who accepts corrections. She was then advised to keep it up and work on weak areas for success in life. The “corper” was also encouraged to start up a business before securing a job to avoid staying idle and to ensure self reliance.

ARTICLES/CONTRIBUTIONS FROM STAFF

QUOTES AND WISE SAYINGS

CONGRATULATORY MESSAGES

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