

## **NATIONAL HOSPITAL, ABUJA WEEKLY NEWS**

### **IVF UNIT PRESENTS AN OVERVIEW OF THREE YEARS OF OPERATION IN NHA AT THE WEEKLY GRAND ROUND PRESENTATION ON 3<sup>RD</sup> MARCH, 2010 IN THE HOSPITAL AUDITORIUM**

The IVF unit which is a unit of the department of obstetrics and gynaecology of the hospital recounts its successes, challenges and future projections at the weekly clinical "grand round". The forum creates an avenue for the various departments and units under clinical directorate to network and cross fertilize ideas on current trends in medical practice world wide. Data available shows that client characteristics and total number of cycles are – 272, first attempts – 246, repeated attempts – 26, mean age – 36 years and age range 24 – 49 years. A chart of age distribution of women seen in the centre shows that the lowest is 24 years while the highest is 36 years. Clients characteristics shows that all clients were married, and fertility type chart shows that there is 66.7% success as against 3.3.3% that failed. Treatment sheet shows that there were 15 failed simulations, 5 failed to produce sperm, 2001 eggs were collected, had 1439 treatable eggs (MII), 700 total eggs, (ICSI), 1103 total eggs fertilized, 1056 total embryo created, 29 failed embryo transfers and 624 total embryos transferred. The out come of which is 76.75 fertilization rate, 32.2% biochemical pregnancy rate, 27.4% chemical pregnancy, 11 EPU, 9 twins, 2 triplets, nil ectopic pregnancy, 49 live births and 2 on going pregnancy.

Challenges faced by the unit include masturbation failure (space), power supply, regular supply of consumables and equipment, training updates, and lastly continuous monitoring of children development and growth register.

The centre which was the first public sector IVF centre in Nigeria has scaled to greater heights through overcoming obstacles and believing that it could be done as the hospital metamorphosed into the first institute of art and genetics in Nigeria.

### **DEPARTMENT OF FAMILY MEDICINE ORGANISES ITS 3<sup>RD</sup> ANNUAL RETREAT ON 6<sup>TH</sup> MARCH, 2010 AT MERIT HOUSE**

As part of its efforts to widen the horizon of medical practitioners generally, the department of medicine under the leadership of Dr. Ify Monye organized a retreat to showcase the entire department and its activities to the outside world, to the family unit and also to strengthen team building among the various stakeholders in the department and beyond.

The grand event witnessed in attendance other heads of department and unit, (friends of the Hospital) and the senior management team amongst others. This time, the guest

lecturer was not from the medical field but a veteran motivational speaker by name Mr. Deji Fisho. The theme of the retreat was “delivering quality healthcare”

Two plenary sessions were held during which papers were presented by seasoned experts from within and outside the hospital.

At the end of the event a communiqué was issued and adopted as a working and functional document for the department. The whole programme was a huge success.

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### **A 3 – DAYS REVISION COURSE FOR RADIOLOGISTS AND RADIOGRAPHERS WAS HELD FROM 8<sup>TH</sup> – 10<sup>TH</sup> MARCH, 2010 IN THE HOSPITAL AUDITORIUM**

Radiologists and radiotherapist all over the country gathered in the National Hospital to grace the momentous occasion organized by National Postgraduate Medical College to refresh their memory and to update the current trends in the Imaging and management of endocrine diseases.

The revision course was attended by about 90 participants who came from Teaching Hospitals and Federal Medical Centres throughout the country. The Chief Medical Director who is also a consultant physician presented a paper on “Over view of endocrine disease. at the occasion.

### **PATHOLOGY UNIT ORGANISES A 2-WEEK ANNUAL REVISION/UPDATE FOR RESIDENT DOCTORS IN THE HOSPITAL AUDITORIUM**

A 2-week program which ran from 8<sup>th</sup> -20<sup>th</sup> March, 2010 was held in the hospital Auditorium. It is an annual revision/update course for resident doctors in the field of pathology from all over the country. A total of 151 residents were in attendance which is the highest ever recorded in the history of the programme.

Dr. K. C. Iregbu is the LOC Chairman and coordinator of the programme. The resource persons were drawn from seasoned pathologists across the country. The programme was organized by the pathology Unit of National Hospital under the auspices of the Post Graduate Medical College of Nigeria. The hosting right was granted to the NHA by the faculty Board in 2009.

## GLOBAL HELMET VACCINE INITIATIVE TEAM FROM U.S VISITS NATIONAL HOSPITAL, ABUJA ON 9<sup>TH</sup> MARCH, 2010

A visiting team from the United State (US) and Vietnam led by its president Greig Craft were on a working visit to National Hospital with a view to selling the idea of global Helmet vaccine initiative with the theme "Making roads safe". They came to observe the situation of head injury cases in National Hospital with a view to replicate what is done in Vietnam here in Nigeria. The team was received by the Head of Management Information Services Mr. Haastrup, Head of Nursing Services Mrs Shetu Ibrahim, Dr. Olaomi, Head of A&E and trauma unit and also Dr. Awolusi. After they were taken through the A&E clinics, wards & theatre, they were taken round the ICU, main theatre, surgical ward and terminated at the orthopaedic ward where most accident victims are hospitalized. Dr. Olaomi informed the team that  $\frac{3}{4}$  of total accident cases recorded in the hospital suffer head injury. He said although motorbikes have been banned in the city centre, they are still operational in the suburbs and are mostly involved in fatal accident. Other cases of head injury are referred to National Hospital from other District General Hospital because of the presence of a neurosurgeon here in National Hospital.

The goal of the initiative is to reduce the rate of the escalating traffic injuries and fatalities in developing countries of Asia and Africa through four main areas which include public awareness and technical assistant to governments through establishing helmet standard.

The global helmet vaccine initiative will work to promote the initiative, to secure new funding partners and build political support amongst International donors and institutions within the focus countries, with funding support of world bank and road safety facility. The team is organizing a trauma symposium in May/June in Nigeria to sensitize government agencies and hospital on the initiative.

## NATIONAL HOSPITAL SIGNS MEMORANDUM OF UNDERSTANDING WITH THE ALBINO FOUNDATION

The signing of a memorandum of understanding (MOU) took place on Friday 12/3/2010 in the hospital Boardroom. The signing of MOU became pertinent in view of the already existing rapport between the National Hospital and the foundation. National Hospital has shown hospitality with the way it went forward to treat a maximum of 28 Albinos, a number above the cut off of 5 as contained in Federal Government directive who are suffering from the various effects of albinism in form of cancer and hyper pigmentation. The unfortunate incident of Jude Aminu who as a result of skin cancer has undergone more than 15 surgeries in the hospital stirred up the need for this foundation to save his life. He is currently receiving skin grafting at the Dental unit of the hospital. Money generated from

this foundation would be used to treat all other albinos that come down with medical problems. Apart from awareness campaign to reduce the effects, of the disease on victims, the money generated could go a long way to provide moral, psychological and financial support so that the albinos can create a workshop as a self help for their members where they can comfortably earn a living through establishing their personal business by acquiring soft loans from the fund. They intend to bank with Zenith Bank which has a wider coverage of 300 branches in Nigeria.

The Chief Medical Director who was the chief host expressed his personal support to the foundation. The DF made his personal pledge and also on behalf of the hospital, so also the head of Legal Unit. The President of the foundation Mr. Jake Epelle also made a pledge to donate a lump sum amount. He is not only making pattern changes in the lives of people living with albinism but also committed to bringing about policies and programmes that will safeguard the future of other challenged persons unborn. Other important dignitaries that graced the occasion includes Doctors treating Jude Aminu, some members of the management team, pressmen, support team for TAF and other invited members of staff in NHA .

### **2010 WORLD GLAUCOMA DAY CELEBRATED IN NATIONAL HOSPITAL, ABUJA.**

The Ophthalmological Society of Nigeria, Abuja celebrated their world glaucoma day in the premises of the National Hospital, Abuja on the 12<sup>th</sup> March, 2010.

The Chief Medical Director of National Hospital, Abuja Dr. Z.O. Ajuwon, in his welcome address thanked the organizers for choosing National Hospital as their venue for marking the event. He stressed that glaucoma being a silent blindness disease it is necessary and decisive to sensitize the public by the care givers on how it affects, the risk involved and the necessary precautions to be taken to avert the effects of the disease.

In the course of delivering her lecture, Dr. Yoloye who is also a Chief Consultant Ophthalmologist, Asokoro Hospital gave the definition of Glaucoma as a group of eye disease that causes progressive damage mainly to the optic nerve and this can come as a result of high increase pressure within the eye. She further gave an insight in the types, symptoms, care and prevention, but emphasized that glaucoma cannot be treated but controlled through medication and regular check up with the last option being surgery.

Giving his closing remarks, Dr. Z. Isa a consultant ophthalmologist in NHA who was representing the CMAC National Hospital, Abuja thanked all participants but most especially the CMD of the National Hospital, Dr. Z.O. Ajuwon whom he described as a pillar of the department to have gotten time to attend the celebration.

## **MRS SHETU A. IBRAHIM BAGS MILLENNIUM DEVELOPMENT AMBASSADOR AWARD**

Demonstrating its commitment to facilitate the realization of education of all and for all, teachers without Borders commission as millennium development Ambassador, those individuals and organizations who support TWB's vision and mission, and whose thoughts words and actions contribute to the endorsement of the United Nations Millennium declaration and who express their determination, commitment and willingness to dedicate their talents skills abilities and resources to the realization of the millennium development goals (MDG's) .

By supporting the localization of the global MDGs into personal, family, school, community and national development goals, the Millennium Development Ambassadors contribute significantly to the desire to bridge the global development divide, and to build a new world without boarder where all people and nations learn to live and work together in partnership as members of one global family. It is in the light of these achievements that teachers without boarders is proud to present Mrs. S. Ibrahim a certificate of recognition as a millennium development ambassador.

The management and staff of the National Hospital heartily congratulates you on your new award.

**Rabiah MB Labaran**  
**Principal Information Officer**